

THE ESTUARY

KITCHEN & BAR

ALL DAY MENU

Served after 11.00am

***Scan here
to order to
your table***



SWAP CHIPS TO SWEET
POTATO FRIES FOR 1.50

Pub Classics

- BIG BREAKFAST** Served until 2pm **16.99**
Two British Cumberland pork sausages, two rashers of back bacon, two fried eggs, roasted tomato, roasted mushroom, baked beans and chips, served with brown toast and butter *1372 kcal*
- PERI-PERI CHICKEN SKEWERS** **18.49**
Peri-peri chicken skewers served with slaw, rice and peas *819 kcal*
- CHICKEN TIKKA MASALA** **18.49**
Classic chicken tikka masala garnished with coriander served with rice, mango chutney, poppadom and naan bread *1204 kcal*

- CAULIFLOWER & RED PEPPER CURRY** **PB*** **16.49**
Cauliflower and red pepper curry garnished with coriander served with rice, mango chutney, poppadom and naan bread *979 kcal*
- FISH & CHIPS** **17.99**
Freshly battered haddock served with chips, peas and tartare sauce *1008 kcal*

EASY ADD ONS - ALL AT 1.49
One Slice of Bread & Butter **V*** **Brown** *157 kcal* or **White** *162 kcal*
Peas **PB*** *82 kcal*

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Burgers

Served in a classic bun with a side of chips

- DIRTY LOADED BURGER** **18.99**
Beef patty loaded with spicy pulled beef & kidney beans, streaky bacon, fried crispy onions, lettuce, tomato, onions, burger sauce and gravy *1307 kcal*
- KOREAN BBQ CHICKEN BURGER** **17.99**
Breaded buttermilk chicken loaded with slaw, Korean BBQ sauce, fried crispy onions, lettuce, onions, mayonnaise and black onion seeds *1190 kcal*
- CHEESE BURGER** **16.49**
Beef patty loaded with cheese, lettuce, tomato, onions and burger sauce *1121 kcal*
- CHICKEN BURGER** **16.49**
Breaded buttermilk chicken with lettuce, tomato, onions and burger sauce *1002 kcal*

- CHEESE & BACON BEEF BURGER** **17.99**
Beef patty loaded with cheese, streaky bacon, lettuce, tomato, onions and burger sauce *1280 kcal*
- CHEESE & BACON CHICKEN BURGER** **17.99**
Breaded buttermilk chicken loaded with cheese, streaky bacon, lettuce, tomato, onions and burger sauce *1232 kcal*
- TINDLE™ BURGER** **PB*** **16.49**
Tindle™ plant-based burger with lettuce, tomato, onions and burger sauce *945 kcal*

LOAD YOUR BURGER!
One Rasher of Streaky Bacon *69 kcal* **1.99**
Spicy Pulled Beef & Kidney Beans *46 kcal* **3.49**
American Cheese **V*** *78 kcal* **1.49**

Swap your bun to a Non-Gluten Containing Ingredient bun **NGCI*** Please read ingredient and allergen information below when swapping bun, as not all ingredients are NGCI.

Pizza & Pasta

- PEPPERONI 12" PIZZA** **14.49**
Pepperoni, balsamic onions, mozzarella, crushed chillies, Italian hard cheese on a tomato base *1038 kcal*
- MARGHERITA 12" PIZZA** **13.49**
Mozzarella, basil, Italian hard cheese on a tomato base *799 kcal*

- TOMATO & ROASTED VEGETABLE PASTA** **14.99**
Penne in a tomato sauce with Ratatouille, topped with Italian hard cheese *783 kcal*
Make it plant-based **PB*** remove cheese *731 kcal*

Fries & Sides

- CHEESY BACON CHIPS** *531 kcal* **6.49**
- SWEET POTATO FRIES** **PB*** *523 kcal* **5.99**
- CHEESY CHIPS** **V*** *462 kcal* **5.49**
- CHIPS** **PB*** *402 kcal* **4.99**
- GARLIC PIZZA BREAD** **V*** *543 kcal* **4.99**
- CHEESY GARLIC PIZZA BREAD** **V*** *714 kcal* **5.99**
- COLESLAW** **PB*** *182 kcal* **3.99**
- SIDE SALAD** **PB*** *186 kcal* **3.99**

Desserts

- CHOCOLATE FONDANT** **V*** **6.99**
Served warm with vanilla ice cream *518 kcal*
- CARAMELISED BISCUIT CHEESECAKE** **PB*** **7.99**
Served with raspberry coulis *432 kcal*
- BISCOFF CHEESECAKE** **V*** **7.99**
Served with raspberry coulis *537 kcal*

Salads & Sharers

- CHICKEN & BACON CAESAR SALAD** **14.99**
Lettuce, grated Italian style cheese and homemade croutons, tossed in Caesar dressing with breaded buttermilk chicken and streaky bacon *788 kcal*
- CAESAR SALADS** **V*** **11.99**
Lettuce, grated Italian style cheese and homemade croutons, tossed in Caesar dressing *412 kcal*
- NACHOS Perfect for 2!** **15.99**
Cheesy sauce on tortilla chips with spicy pulled beef and kidney beans, sour cream, jalapeños, homemade smashed avocado, salsa and sriracha *1019 kcal*
- VEGGIE NACHOS** **V*** **12.49**
Cheesy sauce on tortilla chips with sour cream, jalapeños, homemade smashed avocado, salsa and sriracha *935 kcal*

Adults need around 2000 kcal a day

PB* = PLANT-BASED **V*** = VEGETARIAN
NGCI* = NON-GLUTEN CONTAINING INGREDIENTS

IMPORTANT DIETARY INFORMATION

***Ingredients & Allergen information** We do occasionally have to substitute products and amend our recipes so you must advise us of any allergies / dietary requirements on every visit. We do use most, if not all allergens in our kitchens and we also cook different foods in the same equipment. Allergen information is available on all intentional ingredients, please ask your server for our allergens table. Should you require more information on any may contains or potential cross-contact, then please ask your server at the time of ordering. **Plant-based / Vegetarian** Some of our plant-based / vegetarian items may be cooked in the same equipment / fried in the same oil as meat and fish products. Please ask your server for information on any specific dishes and we will be able to advise to enable an informed choice. Our plant-based dishes may pose a potential risk of cross-contamination as these may be prepared using shared equipment and therefore not suitable for customers with dairy allergies or other strict dietary requirements. **NGCI** Our NGCI dishes consist of non-gluten containing ingredients only. Where there is an option to swap a bun to a non-gluten bun, please note this does not necessarily mean the whole dish is gluten free and therefore please ask your server to check the other ingredients. **Other notes** Our meat & fish dishes may contain bones.